STAFF/VOLUNTEER SAFETY GUIDE

Jackson County
Staff/Volunteer Duties

• There will be no in-person contact between staff/volunteers, staff/volunteers and community members, or other people involved in this work.

• When beginning staff/volunteer duties the staff/volunteer is to answer three Pre-screening questions in a short questionnaire and sign/date the form.

• Volunteer coordinator may collaborate with law enforcement on cases where it may be required to ensure safety and well-being.

• Staff/volunteers will not enter homes at any time.
Scheduling Staff/Volunteer Delivery – First Screening Questions

When scheduling a delivery with a community member, the staff/volunteer is to answer the following screening questions for themselves:

In the past 24 hours, have you experienced:

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subjective fever (felt feverish):</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>New or worsening cough:</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Shortness of breath:</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Sore throat:</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Diarrhea:</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Loss of taste/smell:</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

If staff/volunteer answers “yes” to any of the symptoms listed above, or temperature is 100.4°F or higher, they should self-isolate at home and contact primary care physician’s office for direction.

- Isolate at home for a minimum of 7 days since symptoms first appear.
- Must also have 3 days without fevers and improvement in respiratory symptoms.
Scheduling Staff/Volunteer Delivery – Second Screening Questions

When scheduling a delivery with a community member, the staff/volunteer is to answer the following screening questions for themselves:

<table>
<thead>
<tr>
<th>In the past 14 days, have you:</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Had close contact with an individual diagnosed with COVD-19?</td>
<td></td>
<td></td>
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<tr>
<td>Traveled via airplane internationally or domestically?</td>
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<td></td>
</tr>
</tbody>
</table>

If staff/volunteer answers “yes” to either of these questions, please ask them to self-quarantine at home for 14 days.

For questions, visit [http://www.mijackson.org/hd](http://www.mijackson.org/hd) or contact the Jackson County Health Department at (517) 788-4420 ext 9.
“No” responses to all pre-screening questions

- If no risk is evident, staff/volunteers may continue with the assigned activities.
  - staff/volunteers must use 6-foot social distancing as prescribed by the CDC.
  - Surgical masks or gloves are not required but may be used as desired and obtained by staff/volunteer.

- If during the activity any risks are identified, the staff/volunteer should immediately terminate their activity and make contact with their United Way liaison to discuss alternate measures.
Covid-19 Tutorials

- [https://www.youtube.com/watch?v=-kU8Xv2CYJM](https://www.youtube.com/watch?v=-kU8Xv2CYJM)
Five Steps to Wash Your Hands

• Washing your hands is easy, and it’s one of the most effective ways to prevent the spread of germs. Clean hands can stop germs from spreading from one person to another and throughout an entire community—from your home and workplace to childcare facilities and hospitals.

• Follow these five steps every time.

1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.

3. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.

4. Rinse your hands well under clean, running water.

5. Dry your hands using a clean towel or air dry them.
Hand Washing Video

- [https://www.youtube.com/watch?v=QubFsuXOIUU](https://www.youtube.com/watch?v=QubFsuXOIUU)
Use Hand Sanitizer When You Can’t Use Soap and Water

• Washing hands with soap and water is the best way to get rid of germs in most situations. If soap and water are not readily available, you can use an alcohol-based hand sanitizer that contains at least 60% alcohol. You can tell if the sanitizer contains at least 60% alcohol by looking at the product label.

• How to use hand sanitizer

1. Apply the gel product to the palm of one hand (read the label to learn the correct amount).

2. Rub your hands together.

3. Rub the gel over all the surfaces of your hands and fingers until your hands are dry. This should take around 20 seconds.
USE OF ALCOHOL BASE HAND SANITIZER

Staff/volunteer must review below video related to use of Alcohol base hand sanitizer:

https://youtu.be/ZnSjFr6J9Hl
Face Mask Recommendations

• Cover your mouth and nose with a cloth face cover when around others
• You could spread COVID-19 to others even if you do not feel sick.
• Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities.
• Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
• The cloth face cover is meant to protect other people in case you are infected.
• Do NOT use a facemask meant for a healthcare worker.
• Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.
VIDEO HOW TO WEAR AND REMOVE MASK

THESE RECOMMENDATIONS ARE CHANGING QUICKLY-

Staff/volunteers SHOULD utilize the following face masks as followed if they own them:

- N95 Mask: These are not needed for the type of contact staff/volunteers will be having which follows the social distancing guidelines set by the CDC.
- Surgical mask/Homemade mask: All other interactions when the staff person feels it’s necessary such as shopping for needed items

Staff/volunteer must review below video related to putting on and removing face Mask:

https://www.youtube.com/watch?v=zoxpvDVo_NI&list=PLwKZdOHmwfHECgoOTpQoO6btu4Uc5hzos

Putting on Surgical Mask:

MASK REMINDERS

PUTTING ON MASK

- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator.

REMOVING MASK

- Front of mask/respirator is contaminated – Do NOT touch
- If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- Mask can be stored in a brown paper bag to be used again by the SAME staff/volunteer as long as it is not wet or soiled.
Cloth or Homemade Face Masks

• In settings where surgical face masks are not available, the staff/volunteer can use homemade masks (e.g., bandana, scarf).

• Staff/volunteer must ensure the cloth/homemade mask covers the entire front (that extends to the chin or below) and sides of the face.

• When you reuse a mask please remember you are presuming everything facing outward is potentially contaminated so use gloves when removing and storing the mask.

• For cloth mask or scarf re-use, you must fold it together for storage so that everything that was facing out is folded together and not contaminating the brown paper bag being used for storage.
Storage and Reuse of Face Masks

Face masks can be reused by the same person but must be kept in a breathable bag (such as a brown paper bag) in between use. If a face mask becomes wet or soiled, it should not be reused and must be discarded.

The following should be followed when reusing a face mask:

• When you reuse a mask please remember you are presuming everything facing outward is potentially contaminated so use gloves when removing and storing the mask.

• Store face mask in a brown paper bag with the person using the face mask clearly identified. Storage containers should be disposed of or cleaned regularly.

• Clean hands with soap and water or an alcohol-based hand sanitizer before and after touching or adjusting face masks, which should only be done if necessary for comfort or to maintain fit.

• Avoid touching the inside of the face mask. If inadvertent contact is made with the inside of the respirator, perform hand hygiene as described in this power point.

• Use a pair of clean (non-sterile) gloves when donning a used face mask. Discard gloves after the face mask is donned and any adjustments are made to ensure the mask is sitting comfortably on your face with a good seal.
Video How To Wear AND Remove Gloves

Staff/volunteer must review below video related to putting on and removing gloves:

https://www.youtube.com/watch?v=xTYioOo_6U
GLOVE USAGE REMINDERS

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove
- Discard gloves in a waste container

Wash hands or use an alcohol-based hand sanitizer immediately after removing all PPE.
CDC GUIDELINES

CDC’s guidelines for infection control basics including hand hygiene:

• Infection Control Basics
• Hand Hygiene in Health Care Settings
• Handwashing: Clean Hands Save Lives
DELIVERING ITEMS

• Sanitize hands before picking up bags
• Don’t knock on the door or ring the door bell
• Place items at the door and leave
• Do not have any person to person contact
• Text individual that groceries have been delivered
Home Sanitizing Procedure

When you arrive home

• If you were unable to change clothes before leaving work, change in an isolated location (e.g., garage, mudroom, laundry room)

• Do not wear shoes from work into your home. Clean them, top and bottom, with disinfecting wipes

• Wash clothes worn at work using your usual laundry detergent

• Wash or safely discard dirty clothes bag

• Wash hands after handling dirty clothes and shoes

• Shower before interacting with your family
RESOURCES

• Staff/volunteers should regularly check: https://www.cdc.gov/coronavirus/2019-ncov/index.html for updated information from Centers for Disease Control and Prevention (CDC)
• Federal Resources: www.cdc.gov
• State Resources: https://www.michigan.gov/Coronavirus
• Local Resources: https://www.co.jackson.mi.us/276/Health-Department